

# constant grind BISTRO

**HOURS:**  
MONDAY  
TO TUESDAY  
12PM TO 8PM

WEDNESDAY  
TO SUNDAY  
4PM TO 12AM

## COFFEES

*Price reflects a medium size coffee*

Coffee	3.50	(350pts)
Espresso	3.25	(325pts)
Cappuccino	4.50	(450pts)
Hot Chocolate	3.50	(350pts)
Assorted Teas	3.00	(300pts)
<i>+Add Syrup</i>		<i>1.00 / 100pts</i>

## COLD BEVERAGES

Icelandic Water	4.00	(400pts)
Perrier Sparkling Water	4.00	(400pts)
Nestea Iced Tea	4.00	(400pts)
Simply Fruit Juices	3.50	(350pts)
Soft Drinks	3.25	(325pts)

*Coca Cola, Diet Coke, Ginger Ale, Fanta, Sprite, Root Beer, Fresca*

Vitamin Water	4.75	(475pts)
Energy Drinks	5.35	(535pts)

*Red Bull (Regular, Sugar free, Watermelon)  
or Monster*

Powerade	4.50	(450pts)
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## ALCOHOLIC BEVERAGES

Budweiser	9.00	(900pts)
Bud Light	8.00	(800pts)
Heineken	9.00	(900pts)
Stella	9.00	(900pts)

## QUICK BITES

Chocolate Bars	3.75	(375pts)
Cracker Jack	3.75	(375pts)
Popcorn	3.00	(300pts)
Chips	2.50	(250pts)
Gourmet Nuts	3.50	(350pts)

## FROM OUR BAKERY

Cookies	3.50	(350pts)
Chocolate Éclair	5.00	(500pts)
Banana Bread	4.50	(450pts)
French Fruit Tart	4.50	(450pts)
Double Chocolate Brownie	4.50	(450pts)
Donut	4.50	(450pts)
Scone	4.50	(450pts)
Muffin	4.00	(400pts)
Slice of Cake	6.00	(600pts)
Slice of Pie	5.00	(500pts)
Whole Seasonal Pie	13.00	(1300pts)

## 12oz SOUPS

Maple Roasted Butternut Squash	8.00	(800pts)
Chef's Soupe du Jour	8.00	(800pts)

## SALAD & WRAPS

Classic Caesar Salad	12.00	(1200pts)
Greek Salad	13.00	(1300pts)
Fusilli Pasta Salad	11.00	(1100pts)
Chef's Featured Salad	12.00	(1200pts)
Tuna Crunch Wrap	12.00	(1200pts)
Egg Salad Wrap	9.00	(900pts)

Grilled Chicken and Bacon Caesar Wrap	13.00	(1300pts)
<i>+Extra dressing</i>		<i>1.00 / 100pts</i>

## BOWLS N' THINGS

Red Thai Chicken Curry	16.00	(1600pts)
<i>Roasted vegetables on steamed Jasmine rice</i>		

Beef Bourguignon	17.00	(1700pts)
<i>Creamy garlic mashed potatoes, carrots, pearl onions, red wine and fresh herbs</i>		

Vegetarian Chilli	15.00	(1500pts)
<i>With steamed Jasmine rice or creamy mashed potatoes</i>		

Shepherd's Pie	15.00	(1500pts)
<i>Rich beef ragu, fresh cut vegetables, whipped potatoes and local cheddar</i>		

Beef Lasagna	16.00	(1600pts)
<i>Fragrant beef ragu, béchamel and shaved mozzarella</i>		

## SANDWICHES

Philly Cheese Steak	15.00	(1500pts)
<i>AAA local beef, provolone, balsamic grilled mushrooms and onions</i>		

BBQ Pulled Pork	15.00	(1500pts)
<i>Served on a Bianco bun with red cabbage coleslaw</i>		

Gourmet Grilled Cheese	12.00	(1200pts)
<i>Brie, cheddar, Swiss cheese and grainy mustard</i>		

Ham & Cheese Panini	13.00	(1300pts)
<i>Black forest ham, provolone cheese and horse radish aioli</i>		

## DINNER FOR 2 TAKEOUT MENU

Artisanal Charcuterie Board	18.00	(1800pts)
<i>Selection of artisanal cheeses, cured meats, fruit and crostini</i>		

Chicken Alfredo	24.00	(2400pts)
<i>Grilled chicken breast, sautéed vegetables and creamy penne Alfredo</i>		

Beef Lasagna	24.00	(2400pts)
<i>Layers of marinara meat sauce and mozzarella</i>		

Shepherd's Pie	24.00	(2400pts)
<i>Fragrant beef ragu, béchamel and shaved mozzarella</i>		

Festive Turkey Meal	24.00	(2400pts)
<i>Roasted turkey breast, stuffing, seasonal root vegetables, creamy mashed potatoes, cranberry sauce and gravy</i>		

Seasonal Dessert	13.00	(1300pts)
<i>Ask your cashier for our seasonal selection</i>		