

# constant grind BISTRO

USE YOUR ROCK STAR  
REWARDS POINTS HERE!

## COFFEES

*Price reflects a medium size coffee*

Coffee	3.50
Espresso	3.25
Cappuccino	4.50
Hot Chocolate	3.50
Assorted Teas	3.00
+Add Syrup	1.00

## COLD BEVERAGES

Icelandic Water	4.00
Perrier Sparkling Water	4.00
Nestea Iced Tea	4.00
Simply Fruit Juices	3.50
Soft Drinks	3.25
<i>Coca Cola, Diet Coke, Ginger Ale, Fanta, Sprite, Root Beer, Fresca</i>	
Vitamin Water	4.50
Energy Drinks	5.00
<i>Red Bull (Regular, Sugar free, Watermelon) or Monster</i>	
Powerade	4.50

## ALCOHOLIC BEVERAGES

Budweiser	8.50
Bud Light	8.50
Heineken	9.50
Stella	9.50

## QUICK BITES

Chocolate Bars	3.25
Cracker Jack	3.75
Popcorn	3.00
Chips	2.50
Gourmet Nuts	3.50

## FROM OUR BAKERY

Cookie	3.00
Banana Bread	3.75
French Fruit Tart	4.50
Double Chocolate Brownie	4.00
Scone	4.00
Muffin	3.50
Slice of Cake	5.00
Slice of Pie	5.00
Chocolate Éclair	4.25
Donut	4.25
Whole Seasonal Pie	14.00

## 12oz SOUPS

Beef Ramen	14.00
<i>Homemade ramen broth, Ramen noodle, Mirin soy marinated boiled egg, and sliced beef brisket</i>	
Chef's Soupe du Jour	6.00

## SALAD & WRAPS

Classic Caesar Salad	12.00
Greek Salad	12.00
Fusilli Pasta Salad	11.00
Chef's Featured Salad	12.00
Tuna Crunch Wrap	12.00
Egg Salad Wrap	9.00
Grilled Chicken and Bacon Caesar Wrap	13.00
+Extra Dressing	1.00

## BOWLS 'N THINGS

Red Thai Chicken Curry	13.00
<i>Roasted vegetables on steamed Jasmine rice</i>	
Vegetable Enchiladas	11.00
<i>Mix bean paste, peppers, onion, tomato, beans, spinach, Monterey jack cheese, and tortilla</i>	
Bacon Mac & Cheese	13.00
<i>Elbow pasta, double smoked old cheddar sauce, applewood smoked bacon, and garlic crumbs</i>	
Shepherd's Pie	13.00
<i>Rich beef ragu, fresh cut vegetables, whipped potatoes and local cheddar</i>	
Beef Lasagna	14.00
<i>Fragrant beef ragu, béchamel and shaved mozzarella</i>	

## PIZZA

Cheese	15.00
Vegetarian	15.00
Pepperoni	16.00

## SANDWICHES

Philly Cheese Steak	14.50
<i>AAA local beef, provolone, balsamic grilled mushrooms and onions</i>	
Chicken Parmesan Sandwich	14.00
<i>Herb breaded crusted chicken breast, pomodoro sauce, buffalo mozzarella, and Portuguese bread roll</i>	
Gourmet Grilled Cheese	10.00
<i>Brie, cheddar, Swiss cheese and grainy mustard</i>	
Ham & Cheese Panini	11.00
<i>Black forest ham, provolone cheese and garlic aioli</i>	

## DINNER FOR 2 TAKEOUT MENU

Peppercorn Crusted Beef Brisket	24.00
<i>Local peppercorn crusted beef brisket, herb garlic mashed, and seasonal vegetables</i>	
Chicken Alfredo	25.00
<i>Grilled chicken breast, sautéed vegetables and creamy penne Alfredo</i>	
Beef Lasagna	27.00
<i>Fragrant beef ragu, béchamel and shaved mozzarella</i>	
Shepherd's Pie	25.00
<i>Rich beef ragu, fresh cut vegetables, whipped potatoes and local cheddar</i>	
Canadian Artisanal Cheese Platter	18.00
<i>Dried fruits, Mix nuts, 3 cheeses, crackers, and crostini</i>	